

End Domestic Abuse Wisconsin announces the 2022 series:

# GRACE: Growing Resilience Among the Circle of Empowerment

Providing a safe, non-judgmental space for participants to be with others who have experienced the loss of a loved one due to domestic violence homicide.

*Meets the 2nd Thursday of each month from 7:00-8:30 PM*

To register for the group, please fill out this form and a group facilitator will contact you: <https://forms.gle/rDbeWoDRre7AoNrb6>

This group is cost-free and open to anyone age 18 and over in Wisconsin who has experienced losing someone close to them to a domestic violence homicide.

GRACE follows a peer-support rather than therapeutic/clinical approach.

Our goals for offering this group:

- Validating the unique and complex experiences of traumatic grief after a domestic violence homicide.
- Increasing the retelling and honoring of the life of your loved one as a counterbalance to the repetitive retelling of their death.
- Providing education about formal and informal resources and support available, what your rights are when dealing with the media, and what to expect as a case moves through the criminal justice system.
- Increasing personal coping strategies and promoting healing.



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[www.endabusewi.org](http://www.endabusewi.org)

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**End Domestic Abuse Wisconsin: the Wisconsin Coalition Against Domestic Violence**



## Meet the GRACE Facilitators

*Nailah Johnson*  
*she/they*

Nailah is a wellness facilitator passionate about guiding people through their own wellness journey. Nailah believes healing comes in many ways and values curating transformative experiences through various facilitation methods. They grew up on the north side of Milwaukee, Wisconsin and graduated from Marquette University in 2017 with a Bachelors of Science in Exercise Physiology and a Minor in Psychology. After graduating, she served a year in Public Allies Milwaukee. Nailah continued working in Milwaukee's nonprofit sector focusing on youth work, advocacy, supporting survivors and cultivating artists.

In 2021, Nailah became certified as a Creative Catalyst and launched their own wellness business, Creating Aliveness LLC, where they continue to do work with community and organizations to promote wellness through their services. Through Creating Aliveness LLC she has coordinated and facilitated virtual convenings in the midwest on creativity, space-holding and community-building. Nailah is currently studying full-time at the Ayurvedic Institute and part-time with Functional Nutrition Alliance. She blends both Eastern and Western thought and practices into her program design and facilitation, emphasizing the connection between the mind, body, and consciousness in our overall wellness. Nailah is honored to use their skills to work with End Abuse and serve as a co-facilitator of G.R.A.C.E. to support the healing journey of individuals whose loved ones have transitioned as a result of domestic homicide.



## Meet the GRACE Facilitators

*Rosanne Northwood*  
*she/her*

Rosanne Northwood lives in La Crosse, WI., with her partner, children, and grandchildren. The majority of her professional work has been focused on providing legal advocacy for individuals and families affected by domestic violence, sexual violence, and child abuse. She has vast experience working with nonprofits, serving in different capacities. She is a member of Bikers Against Child Abuse. In December 2015, she earned her Juris Doctor from Hamline School of Law, St. Paul, MN.

She currently serves as the RHYMES Shelter Director and works with local collaborative partners B.L.A.C.K. (Black Leaders Acquiring Collective Knowledge), Cia Siab, Inc, The Center: 7 Rivers LGBTQ Connection, and YWCA to provide safe shelter for runaway and homeless youth in the La Crosse area.

Rosanne developed a local support group for survivors of domestic violence homicide entitled Bittersweet in La Crosse, while working as an Outreach Advocate at the local shelter. She is honored to co-facilitate GRACE and help create a space for community, healing, and much needed support for survivors of domestic violence homicide. The important work of addressing the needs of survivors aligns with her belief in the inherent dignity of every individual.